

# *MaX Detox Foot Bath System*



Before



After

## **The MaX Detox Foot Bath System**

Researchers and experts in environmental medicine tell us our bodies are burdened with toxic overload. Common problems of toxicity include: headaches, fatigue, general joint and muscle pain, skin disorders like rashes and eczema, asthma and allergies. Many toxins are neurotoxins that affect our brain functions such as memory, quick thinking and moods.

### **Detox foot baths may be beneficial for the following reasons and much more:**

- Enhancing the immune system
- Assist in recovery time from injuries and surgery
- Can relieve pain and joint stiffness due to arthritis
- Remove unwanted chemicals, heavy metals and toxins
- Normalizes pH

### **What is a typical footbath detox session?**

While immersing your feet in the water, positive and negative ions are emitted by the footbath system. This type of system is described as a Detoxification machine because the response of a rebalanced body is to excrete any excess toxins via the kidneys, liver, bowels and skin. This process not only occurs DURING a detox footbath session, but also AFTER a treatment. The footbath triggers the body's lymphatic system and continues to detoxify for the next 24 to 48 hours. The entire process takes approximately 20-30 minutes for adults and is completely safe to use.

Because of poor diet and high stress, we tend to accumulate and store excessive quantities of toxins and overall waste products. During a 20-30 minute session, the ions enter your body and begin to neutralize these tissue acid wastes.

### **How often can you use the detox footbath system on yourself?**

We recommend that users only conduct a Detox session every 48 to 72 hours. This resting and repair period gives the user's body a chance to recover and rejuvenate from the detox session. It is important to note that the body continues to detox during the 48-72 hour detox period following a footbath session.

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## **Contraindications and Precautions of Foot Detox**

THE IONIC DETOX FOOTBATH IS NOT FOR THE USE FOR PEOPLE WITH THE FOLLOWING HEALTH CONDITIONS:

- PACEMAKER OR ELECTRICAL IMPLANT
- ANYONE WHO IS ON HEARTBEAT REGULATING MEDICATIONS OR BLOOD THINNERS
- HEMOPHILIA OR EPILEPSY
- PREGNANT OR NURSING
- TRANSPLANTED OR MISSING ORGANS (MISSING GALLBLADDER & HYSTERECTOMIES)
- PEOPLE WITH TYPE 1 DIABETES MUST EAT 2 HOURS BEFORE SESSION & TEST BLOOD SUGAR BEFORE TREATMENT.
- UNDERGOING CHEMOTHERAPY OR RADIATION
- OPEN WOUNDS ON FEET